

THE LOCAL LIST

#2997 ONION, VIDALIA (FC)

NEW!

Farm: Shuman Farms
Vidalia, GA



#2810 GRAPEFRUIT (FC)

Farm: Genuine GA
Tifton, GA



#1012 APPLE, GALA (FC)

NEW!

Farm: Nix Fruit Company
Hendersonville, NC



#5635 STRAWBERRY (FC)

NEW!

Farm: Genuine GA
Fort Valley, GA



#1366 BLUEBERRY (FC)

NEW!

Farm: TBW Farms
Altrus, FL



#4410 WATERMELON, SEEDLESS

Farm: Hapco Farms
Punta Gorda, FL



#1307 BEANS, GREEN TIPPED

Farm: Pero Farms
FL



#5526 PEPPER, GREEN BELL

Farm: Bedner Growers, Oakes Farms
Lake Worth, FL; Immokalee, FL



#1626 CORN, YELLOW (FC)

Farm: Pioneer Growers
Belle Glade, FL



#5555 POTATOES, RED

Farm: Jones Potato Farm
Parrish, FL



#1651 CUCUMBER

Bedner Growers, Thomas Produce, Lipman Family Farms
Lake Worth; Vero Beach; Immokalee, FL

#5900 RADISH, RED (FC)

Farm: Pioneer Growers
Bainbridge, GA



#7224 MUSHROOM, LIONS MANE (FC)

Farm: Qihe Mushroom Farm
Newnan, GA



#6421 SQUASH, YELLOW

Oakes Farms, Lipman Family Farms, Thomas Produce
Immokalee, FL; Vero Beach, FL



#4610 MUSHROOM, OYSTER (FC)

Farm: Qihe Mushroom Farm
Newnan, GA



#6425 SQUASH, ZUCCHINI

Oakes Farms, Lipman Family Farms, Thomas Produce
Immokalee, FL; Vero Beach, FL



#4635 MUSHROOM, SHIITAKE (FC)

Farm: Qihe Mushroom Farm
Newnan, GA

#5541 SWEET POTATOES

Farm: Scott Farms
Lucama, NC



#4656 MUSHROOM, TRUMPET ROYALE (FC)

Farm: Qihe Mushroom Farm
Newnan, GA

#5325 SWEET POTATOES, FINGERLING

Farm: Scott Farms
Lucama, NC



#6510 ONION, VIDALIA BULB (FC)

Farm: L.G. Herndon Jr. Farms
Lyons, GA



#5621 SWEET POTATOES, PURPLE

Farm: Scott Farms
Lucama, NC



#9506 PEAS, ENGLISH (FC)

NEW!

Farm: Hopkins Farms
Cairo, GA



#7937 SWEET POTATOES, JUMBO (ORGANIC)

Farm: Happy Dirt
Durham, NC



HYDRO LETTUCE (FC)

- #4367 GOURMET MIX
- #4316 BIBB LETTUCE
- #4368 GEORGIA GOURMET LEAF

Farm: Stone Creek Hydroponics
Hartwell, GA



LEAFY GREENS (FC)

- #1605 CABBAGE, GREEN

Farm: Pioneer Growers, Thomas Produce
Belle Glade, FL; Vero, FL

- #1602 CABBAGE, RED

Farm: Pioneer Growers
Belle Glade, FL



- #3015 COLLARDS

Farm: Baker Family Farms
Norman Park, GA

- #4000 KALE, GREEN

Farm: Baker Family Farms
Norman Park, GA



- #6416 SPROUTS SUNFLOWER*

Farm: Vonnie's Greens
Decatur, GA



- #6740 WATERCRESS

- #6742
 - #6749
- Farm: Stone Creek Hydroponics
Hartwell, GA



- #9643 WHEATGRASS*

Farm: Vonnie's Greens
Decatur, GA



GRAINS & GRITS

- #3601 CAROLINA GOLD RICE

Farm: Carolina Plantation
Darlington, SC



- #1458 BENNE HERITAGE GRAIN, 12.5# (FC)
- #1455 FARO, 12.5# (FC)
- #1457 GRITS, WHITE, 25# (FC)
- #1462 GRITS, YELLOW, 25# (FC)
- #3560 GRITS, BLUE, 25# (FC)
- #1459 SEA ISLAND RED PEAS (FC)
- #1460 WHOLE KERNEL CORN, 50#* (FC)
- #1456 YELLOW CORNMEAL, 25# (FC)

Farm: Marsh Hen Mill
Edisto Island, SC



TOFU (FC)

- #8616 EXTRA FIRM
- #8618 FIRM, 12/1#
- #9550 FIRM, 5 GAL
- #8622 SOFT*

The Soy Shop
Atlanta, GA



CHEESE (FC)

- #4035 ASHER BLUE
- #3654 CYPRESS
- #4028 GREEN HILL
- #4025 GRIFFIN
- #4027 HEAT
- #4031 LIL' MOO
- #9467 PIMENTO CHEESE*
- #4030 THOMASVILLE TOMME

Sweet Grass Dairy
Thomasville, NC



- #6929 APPLEWOOD SMOKED GOUDA
- #6931 BEDDAR THAN CHEDDAR
- #6933 GOUDA
- #6934 JACK*
- #3246 JACK & DILL*
- #6936 PEPPER JACK

Udderly Cool Dairy
Roopville, GA



DAIRY (FC)

- #8815 BUTTERMILK
- #8814 BUTTERMILK, FF
- #8816 MILK, 2%
- #8822 MILK, SKIM
- #8812 WHIPPED CREAM

Milkco
Asheville, NC



EGGS (FC)

- #8502 LARGE, 15 DZ
- #8503 LARGE, 30 DZ
- #8505 X-LARGE, 30 DZ
- #8509 LARGE, CARTON

Farm: L&R Farms
Pendergrass, GA



JUICE

Natalie's Juice
Fort Pierce, FL



- #3953 BLOOD ORANGE, 6-12OZ
- #7708 CARROT GINGER, 6-12OZ
- #8089 GRAPEFRUIT, 6-12OZ
- #8790 GRAPEFRUIT, 4-1 GAL
- #3954 GUAVA LEMONADE, 6-12OZ
- #3996 LEMONADE NATURAL, 6-12OZ
- #8796 LEMONADE, 6-56OZ
- #8789 ORANGE, 25-8OZ*
- #7719 ORANGE, 12-12OZ
- #7709 ORANGE, 4-1 GAL
- #7705 ORANGE BEET, 6-12OZ
- #9058 ORANGE MANGO, 6-12OZ
- #7707 ORANGE PINEAPPLE, 6-12OZ
- #2899 **PINEAPPLE FRESH, 6-32OZ**
- #8831 PINEAPPLE KALE ZINC, 6-12OZ
- #8795 STRAWBERRY LEMONADE, 6-12OZ
- #8130 TANGERINE PINEAPPLE, 6-12OZ*
- #7706 TANGERINE, 6-12OZ



NEW!

KOMBUCHA (FC)

Golda
Atlanta, GA



- #3267 PEACH GINGER
- #6419 LAVENDER LEMONADE
- #6915 HIBISCUS ORANGE
- #6322 STRAWBERRY MINT



HONEY (FC)

- #3256 BEE POLLEN*
- #6801 HONEY BEARS, BLACKBERRY
- #6795 HONEY BEARS, COTTON
- #6800 HONEY BEARS, WILDFLOWER
- #6805 HONEY, BLACKBERRY (QT)
- #6806 HONEY, COTTON (QT)
- #6804 HONEY, COTTON (GAL)
- #6797 HONEY, WILDFLOWER (GAL)
- #6807 HONEY, WILDFLOWER (QT)
- #6808 HONEYCOMB



Allison's Honey
Cleveland, GA



PICKLED GOODS

- #1447 ANGRY CUKES, WHOLE (FC)
- #1433 ANGRY CUKES, SLICED* (FC)
- #1434 CHOW CHOW* (FC)
- #1435 DRUNKEN MUSTARD (FC)
- #1436 DRUNKEN TOMATOES (FC)
- #1439 MEAN GREEN TOMATOES, 2 GAL* (FC)
- #1440 MEAN GREEN TOMATOES, 5 GAL* (FC)
- #2372 PICKLED CAULIFLOWER (FC)
- #1452 PICKLED GREEN BEANS, 5 GAL (FC)
- #1461 PICKLED OKRA, 2 GAL (FC)
- #1442 PICKLED RED ONION (FC)
- #1453 SOULSHINE PICKLES (FC)
- #1443 SWEET GA RED PEPPER RELISH* (FC)

Doux South
Atlanta, GA



- #7065 PICKLE CHIP
- #7702 PICKLE CHIP, KRINKLE KUT
- #7063 PICKLE, JUMBO DILL SPEARS
- #7064 PICKLE, JUMBO DILL WHOLE

Chicago Pickle Company
Palmetto, FL



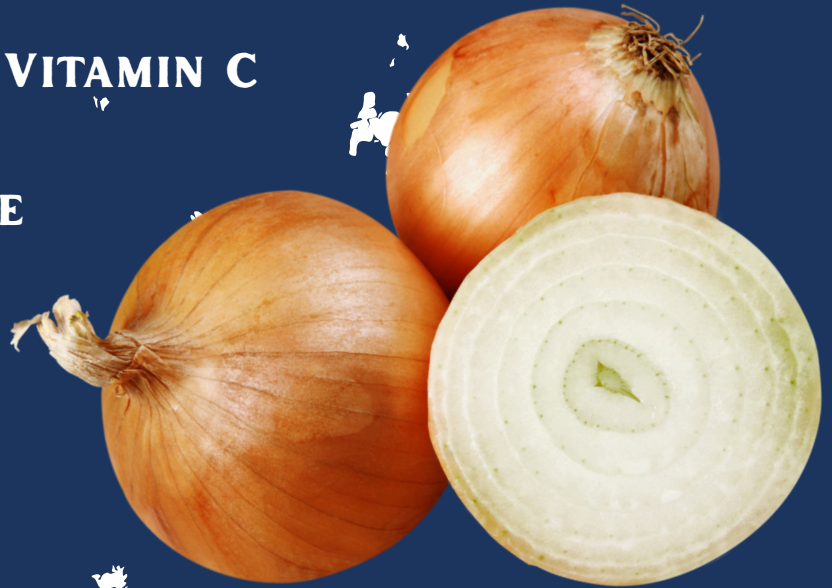
*denotes pre-order items
(FC) qualifies towards the Farmer Champion Program

VIDALIA ONIONS

VIDALIA ONIONS (#2997) ARE A MILD, SWEET ONION GROWN EXCLUSIVELY IN A LEGALLY DEFINED REGION OF SOUTH GEORGIA.

- GOOD SOURCE OF VITAMIN C
- LOW IN CALORIES
- FAT FREE
- CHOLESTEROL FREE
- LOW IN CARBS

ORDER
TODAY!



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